DR. GRATITUDE™

ALICIA ANN WADE

FOR HOSTS AND EVENT TEAMS

INTRODUCTION & BIOS

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Read-aloud stage introduction

Today's speaker is Alicia Ann Wade, known as Dr. Gratitude. Alicia is an Australian gratitude expert, TEDx speaker and creator of The Gratitude Method. She brings together applied positive psychology, lived experience and more than two decades in education and leadership. Today, she'll share practical ways to notice what matters, show appreciation and build stronger connections with the people we lead and work alongside. Please welcome Alicia Ann Wade.

Short bio

Alicia Ann Wade, known as Dr. Gratitude™, is an Australian gratitude expert, TEDx speaker, educator, multi-published author and creator of The Gratitude Method™. She holds a Master of Applied Positive Psychology from CQUniversity and helps people make gratitude part of how they live, lead, learn and connect.

Full bio

Alicia Ann Wade, known as Dr. Gratitude™, is an Australian gratitude expert, TEDx speaker, educator, multi-published author and creator of The Gratitude Method™. Based in Brisbane, she holds a Master of Applied Positive Psychology from CQUniversity and brings more than two decades of experience in early childhood education and leadership.

Alicia translates research and lived experience into practical tools people can use to strengthen relationships, appreciate the people around them and lead with intention. Her work spans keynotes, workshops, workplace consulting, books and journals. She also founded Women's Walk & Talk Hervey Bay to create opportunities for connection and belonging through walking and conversation.